

# JULIAN L. GALLEGOS, PHD, MBA, RN, FNP-BC, CNL, CMHE, FAUNA

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West Lafayette, IN 47906  
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(707) 628-5989

## **EDUCATION**

- Doctor of Philosophy, Ph.D.** 05/2018  
University of Arizona - Tucson, Arizona
- **Substantive Area** – Nursing, Precision Science
    - **Dissertation Title:** Hidden Risks: Relationship among VAT, IL-18, and Adiponectin in the development of Type 2 Diabetes in Filipino Americans.
  - **Minor** – Understanding the Mechanisms for the Prevention and Treatment of Biological Injury
- Master of Business Administration, MBA** 08/2019  
Touro University Worldwide – Los Alamitos, California
- Physicians and Health Executive Track
    - Summa Cum Laude
- Master of Science, MS** 08/2008  
Indiana State University - Terre Haute, Indiana
- Major in Nursing
    - Family Nurse Practitioner Focus
- Bachelor of Science, BS** 12/2001  
Purdue University – West Lafayette, Indiana
- Major in Nursing
  - Minor in Psychology
- Certificate** 11/2019  
Cornell University – Ithaca, New York
- Diversity and Inclusion
- Men’s Health Network – Washington, DC 08/2023
- Certified Men’s Health Educator (CMHE)

## **ACADEMIC APPOINTMENTS**

PURDUE UNIVERSITY, West Lafayette, Indiana

8/2020-Present

**Clinical Associate Professor**  
**Interim Assistant Head of Graduate Studies**  
**Director, Doctor of Nursing Practice Program**  
College of Health and Human Sciences, School of Nursing

Director of the Doctor of Nursing Practice Program. Instructor in clinical and core courses pertinent to the role of the DNP prepared family, pediatric, psychiatric-mental health, and adult/gerontology nurse practitioner. Elevated U.S. News and World Report rankings for the DNP program from #66 in 2019 #64 in 2020, #53 in 2021, #45 in 2022 and #31 in 2023 nationally. Mentor, co-chair, and member of committee for DNP student's final projects focusing on translation of research through application of evidence-based practice and quality improvement within healthcare systems and community.

### **Service/Engagement Activities**

- **Purdue University School of Nursing**
  - (2022-current) Interim Assistant Head for Graduate Studies School of Nursing
  - (Fall 2022) Interim FNP Program Director
  - (2021-2023) Faculty Practice Committee, Member
  - (Spring 2022) Workload/Work Effort Task Force, Member
  - (2020-current) DNP Committee Chair and Committee Member
  - (2021-2022) Graduate Curriculum Committee, Chair
  - (2020-2023) Diversity, Equity, and Inclusion Committee, Member
  - (2020-current) Graduate Admissions Committee, Member
  - (2020-2021) Simulation Education Committee, Member
  - (2020-current) Graduate Curriculum Committee, Member
- **Purdue University College of Health and Human Sciences**
  - (2023) Nursing and Pharmacy Planning Committee, Member
  - (2022-current) GEPCC Committee, SON Representative
  - (2020-current) Online Learning Committee, Member
  - (Spring 2022) Search Committee for HDFS Professor, Member
  - (Spring 2022) Search Committee for SON Head, Member
- **Purdue University**
  - (Spring 2022) Mortar Board Excellence in Equity Award Selection Committee
- **Sexual Health Research Lab**
  - (2022-Current) Core Faculty Partner
- **American Nurses Association**
  - (2022-Current) American Nurse Credentialing Center Board of Directors, Member
- **American Association of Colleges of Nursing**
  - (Fall 2022) Faculty Scholars Grant Program Reviewer
- **AACN Diversity, Equity, and Inclusion Leadership Network**
  - (2020-current) Member
  - (Fall 2021) Peer Reviewer, AACN DEI Faculty Toolkit
- **Indiana State Board of Nursing**
  - (2022-current) Gubernatorial Appointed, APRN Board Member
- **Indiana State Nurses Association**
  - (2021-current) Diversity, Equity, and Inclusion Committee, Member
- **American Association for Men in Nursing**
  - (2022-current) Central Indiana Chapter of AAMN at Purdue University, Founder/Advisor
  - (2022-current) Board of Directors, At-Large Board of Director Member
  - (2020-current) Research Task Force, Co-Chair
- **DNPs of Color, Inc**

- (2020-current) Advisory Committee, Member
- (2022-current) Journal DNPs of Color Editorial Board Member
- **National Association of Hispanic Nurses**
  - (2022-2023) Diversity, Equity, and Inclusion Committee, Co-chair
  - (2022-current) Peer Reviewer for Journal of Hispanic Health Care International
  - (Spring 2022) Abstract Reviewer for NAHN Annual Conference
- **American Urological Association**
  - (2021-current) APP Education Committee, Appointed Member (SUNA)
  - (Fall 2023) APP Hypogonadism Module Reviewer, AUA *University*
  - (Spring 2022) APP Module Reviewer AUA *University*
  - (Fall 2021) APP Podium Presentation Reviewer for Annual Conference
  - (Spring 2021) APP Podcast Reviewer for AUA *University*
- **Society of Urologic Nurses and Associates**
  - (2023-current) Board of Directors, Secretary
  - (2022-2023) Board of Directors, Member
  - (2021-current) *Urologic Nursing* Editorial Board Member and Peer Reviewer
  - (2020-current) Indiana Chapter # 304, President/Founding Member
  - (Spring 2022) Patient Education Task Force, Reviewer
- **Men's Health Network**
  - (2022-current) Advisory Board, Member
  - (2021-current) American Journal of Men's Health, Peer Reviewer
  - (2022-current) American Journal of Men's Health, Editorial Board Member
- **Indiana Commission on Hispanic/Latino Affairs**
  - (2021-current) Quality Health Subcommittee, Appointed Community Member
- **Healthy Men Inc.**
  - (current) Advisory Board
- **Kappa Delta Rho Theta Chapter**
  - (2020-current) Purdue University Faculty Advisor
  - (2020-current) National Chapter Advisor

## Teaching Activities

- **Purdue University School of Nursing**
  - (2020-current) **Course Faculty**; NUR 680: DNP Cognate Residency
  - (2020-2022) **Course Faculty**; NUR 674: Qualitative Initiatives, Leadership
  - (2023-current) **Course Coordinator**; NUR 674: Qualitative Initiatives, Leadership
  - (2020-2022) **Course Faculty**; NUR 675: Role Transition & Synthesis
  - (2022-current) **Course Coordinator**; NUR 675: Role Transition and Synthesis
  - (2020-current) **Course Faculty**; NUR 502: Pharmacotherapeutics in Advanced Practice Nursing
  - (2020-2021) **Course Faculty**; NUR 507: Pathophysiology
  - (2022-current) **Course Coordinator**; NUR 507: Pathophysiology
  - (2022) **Course Coordinator**; NUR 622: Primary Care of Adults
  - (2020-current) **Course Faculty**; NUR 503: Advanced Health Assessment
  - (Summer 2021) **Course Faculty**; NUR 511: Concepts and Application of Health Promotion
  - (Summer 2021) **Course Faculty**; NUR 513: Health Promotion for Diverse Populations
- **Riggs Community Health Center**
  - (Fall 2021) **NP Residency Program**; Urological Conditions Lecturer
  - (Fall 2022) **NP Residency Program**; Urological Conditions Lecture and Preceptor

**Adjunct Clinical Assistant Professor of Family Medicine**  
Family Medicine, School of Medicine

**Teaching Activities**

- **Indiana University School of Medicine-West Lafayette**
  - (2021-Current) **Guest Lecturer;** Urology, Reproductive and Sexual Health

TOURO UNIVERSITY CALIFORNIA, Vallejo, California

1/2015-5/2020

**Assistant Professor,** School of Nursing  
**Assistant Director and Doctor of Nursing Practice Program Chair,** School of Nursing  
**Clinical Adjunct Assistant Professor,** School of Physician Assistant Studies  
College of Education and Health Sciences, School of Nursing

Served as Assistant Director School of Nursing, Doctor of Nursing Practice Program Chair, and instructor to registered nurses enrolled in the MS-DNP FNP program. Developed DNP-FNP program curriculum in conjunction with school of nursing director. CCNE accreditation with “No Findings.” Developed DNP Health Systems Leadership track for post-master’s nurses. Guest lecturer in other courses within the School of Nursing. Recurring lecturer on men’s health/urology School of Physician Assistant Studies. Clinical preceptor for NP and PA student clinical rotation in urology. Formed school of nursing honor society with inclusion into Sigma Theta Tau International. Co-chair in accreditation for CCNE review of the DNP program.

**Service Activities**

- **Touro University California**
  - (2016-2020) University Program Review Committee
  - (2016-2020) University Institutional Review Board
  - (2016-2020) University Diversity Committee
- **Touro University California School of Nursing**
  - (2019-2020) Assistant Director School of Nursing
  - (2018-2020) Counselor and Founder STTI - Alpha Omega Chapter
  - (2017-2020) DNP-FNP Program Chair
  - (2017-2020) Doctoral Committee Chair and Committee Member
- **AACN Diversity Equity and Inclusion Group**
  - (2018-2020) Member
- **Commission on Nurse Certification**
  - (2018-2020) Item writer for the national Clinical Nurse Leader Exam

**Teaching Activities**

- **Touro University California School of Nursing**
  - (2015-2020) **Course Director;** NRSC 604: Advanced Physical Assessment
  - (2015-2020) **Course Director;** NRSC 607: Advanced Pathophysiology
  - (2015-2020) **Course Director;** NRSC 608: Advanced Pharmacology
  - (2017-2020) **Course Director;** NRSC 707: Diagnostics and Procedures for the FNP
  - (2017-2020) **Course Director;** NRSC 708: FNP Role I
  - (2017-2020) **Course Director;** NRSC 709: Management of Common Chronic and Acute Health Problems I
  - (2017-2020) **Course Director;** NRSC 711: FNP Role II
  - (2017-2020) **Course Director;** NRSC 712: Management of Common Chronic and

Acute Health Problems II  
**Course Director;** NRSC 714: FNP Residency I  
**Course Director;** NRSC 715: FNP Residency II  
**Course Director;** NRSC 714: Advanced Clinical Management of  
Diabetes Across the Lifespan

- **Touro University California School of Physician Assistant Studies**
  - (2016-2020) **Guest Lecturer;** PASC 604C: Medicine III

## **CLINICAL PROFESSIONAL EXPERIENCE**

### PROFESSIONAL LEGAL NURSE CONSULTANT

#### **Independent Legal Nurse Consultant**

West Lafayette, Indiana

Provides quality, professional and cost effective, legal nurse consulting services to clients through critical evaluation and analysis of legal cases to render an informed expert clinical opinion regarding the standards of care and resulting outcomes by nurses and advanced practice nurses. Able to organize, summarize, and analyze medical records. Analyze cases for merit and strategy. Develop chronologies, summaries, and other reports.

FAMILY HEALTH CLINICS, Delphi, Indiana

3/2022-current

Nurse Practitioner

#### **Men's Health/Andrology**

North Central Nursing Clinics, Purdue University

Established Men's Health service line in a Federally Qualified Health Center to improve access to rural and Latino men. Provides healthcare services for rural and Latino men, including routine age-related health screenings, routine health maintenance, and chronic conditions. Uses clinical background in urology to address common urologic conditions associated with sexual and urogenital health.

NORTHBAY HEALTHCARE, Fairfield, California

6/2014-5/2020

Nurse Practitioner

#### **Urology & Sleep Medicine**

North Bay Specialty Care Services

Provided Advanced Practice Nursing management of urology and sleep medicine patients through consultations, assessments, recommendations, and workups in the outpatient and inpatient setting. Worked collaboratively with hospitalists, specialty physicians, and supervising urologists and pulmonologist to ensure quality standards were met in the care of urology and sleep medicine patients.

- Independently performed standard urological procedures (BCG instillation, urinary catheter changes, PTNS, urodynamic studies)
- Independently managed follow up for sleep medicine patients to include medication management and CPAP/BIPAP adherence
- Principal consultant on men's health issues (ED, primary hypogonadism, BPH)
  - Sub-specialist in male androgen replacement therapy
- Supervised and mentored clinic medical assistants and licensed practical nurses
- Member of NorthBay Healthcare Committees
  - Institutional Review Board - (2016-2020)
  - Allied Health Practitioner/Interdisciplinary Committee - (2014-2020)

NORTHBAY HEALTHCARE, Fairfield, California

5/2013-6/2014

**Clinical Practice Manager  
Stroke & Diabetes Nurse Practitioner**

NorthBay Medical Center Inpatient Neurology & Endocrine Services

Spearheaded the organization to become a Joint Commission accredited primary stroke center within an underserved county. Served as an integral member of the nursing management team. Provided advice to Stroke Program Administrator, Nursing Directors, Nursing Managers, and Stroke Program Medical Director regarding clinical practice and process of nursing personnel in the care of stroke patients. Provided Advanced Practice Nursing management of stroke patients through consultations, assessments, recommendations, and workups. Worked collaboratively with Hospitalist physicians and supervising Neurologist to ensure quality standards were met in the care of stroke patients. Worked collaboratively with outpatient endocrinologist to provide inpatient diabetes management consultation to physicians and other medical providers.

NORTHBAY HEALTHCARE, Fairfield, California

1/2011-5/2013

**Clinical Practice Manager  
Medical/ Surgical Services**

North Bay Medical Center & VacaValley Hospital

An integral member of the medical/surgical service line management team. Provided advice to Department Director and Clinical Managers regarding clinical practice and national patient standards. Participated actively in nursing, staff, and patient education by identifying practice gaps and implementing appropriate teaching, including simulation labs, online modules, and presentations. Ensured policies and procedures were current using evidenced-based practice. Ensured nursing personnel utilized best practice, evidenced by national standards such as AHA/ASA, NIH, etc.

NORTHBAY HEALTHCARE, Fairfield, California

1/2010-1/2011

**Registered Nurse  
Administrative Coordinator**

North Bay Medical Center

Provided administrative/managerial support for a 132-bed inpatient acute care facility. Functioned as nursing supervisor in absence of administration on night shift, ensured hospital standards and policies were met. Acted as a liaison between staff, physicians, patients, and visitors. Responsible for appropriate staffing of nursing personnel within the facility, meeting mandated state nurse-patient ratios. Coordinated patient throughput within the hospital using InterQual data, ensuring appropriate patient admission to the proper level of care required.

RAF LAKENHEATH, Lakenheath, United Kingdom

10/2007-12/2009

**Registered Nurse (Military) - Charge Nurse (Captain)  
L&D/Post-Partum Unit**

48<sup>th</sup> Medical Group

Provided care on state of the art 13-bed/7 Labor Delivery, Recovery, and Postpartum unit and 11- crib level I nursery, cared for 500 plus obstetrical patients per year. Functioned as an expert clinician, team leader, educator, and patient advocate. As charge nurse, supervised one to two RNs and two to three enlisted medical technicians per shift. Established priorities and goals in response to patient and staff needs. Involved in process improvement activities within the unit, reviewed and updated policy and procedures based on current standards of practice.

BITBURG AB, Bitburg, Germany

9/2006–10/2007

**Registered Nurse (Military) - Charge Nurse (Captain)**  
**Family Care Center**  
52<sup>nd</sup> Medical Group

Planned, provided, and coordinated patient care activities on a 15-bed Family Care Center serving approximately 1,800 medical, surgical, obstetrical inpatients, and outpatients annually from seven specialty services. Supported an eight crib, Level I newborn nursery, and two labor and delivery suites averaging 25 live deliveries per month. Assessed, implemented, and supervised nursing care for all patients across the lifespan, averaging 38 ambulatory procedure visits and 20 medical/surgical admissions per month. Served as charge nurse, supervised two enlisted medical technicians and one to two RNs per shift. Reviewed and updated policy and procedures based on current standards of practice

TRAVIS AFB, Fairfield, California

2004–2006

**Registered Nurse (Military) - Charge Nurse (1<sup>st</sup> Lt- Captain)**  
**L&D/Post- Partum Unit**  
60<sup>th</sup> Medical Group

Provided nursing care on a combined Obstetrical Unit consisting of a 24-bed mother and baby unit, 3 crib nursery, 5-bed antepartum testing unit, and a 6-room labor and delivery suite averaging 600 live births and 1,800 outpatient visits per year. Educated patients, families, and staff in obstetrics. Served as charge nurse, supervised four enlisted medical technicians and two to three RNs per shift. Participated in staff development and quality improvement activities.

SCOTT AFB, Belleville, Illinois

2002–2004

**Registered Nurse (Military) - Charge Nurse (2<sup>nd</sup> Lt- 1<sup>st</sup> Lt)**  
**Multi-Service Unit**  
375<sup>th</sup> Medical Group

Planned, delivered, and evaluated nursing care on a 21-bed multiservice unit, which supported 26 subspecialties. Served as charge nurse supervising three to four enlisted medical technicians and one to two new RNs per shift. Established patient care goals, arranged discharge planning, and accomplished healthcare teaching related to their development, cultural needs, and required interventions. Administered complex medications, initiated lifesaving measures. Used relevant communication formats and leadership skills while addressing professional issues. Participated in quality improvement initiatives. Collaborated with ancillary disciplines for the benefit of the patient.

**TRAINING**

- Perinatal Nursing Course, United States Air Force (USAF)
- Air and Space Basic Course (Leader and Management training), United States Air Force
- Nurse Transition Program, United States Air Force
- Commissioned Officer Training, United States Air Force
- Society of Urological Nurses and Associates Cystoscopy Workshop
- Hormonal Health Institute Didactic Training
- MakerHealth Academy – Sponsored through Robert Wood Johnson Foundation

## **PROFESSIONAL CERTIFICATIONS AND CREDENTIALING**

### **Certifications:**

- Board Certified Family Nurse Practitioner – American Nurses Credentialing Center
- Certified Clinical Nurse Leader (CNL) – Commission on Nurse Certification
- Certified Men’s Health Educator (CMHE) – Men’s Health Network
- DELE Spanish Diploma, Level A2 – Spain’s Ministry of Education
- Basic Life Support (CPR) – American Heart Association

### **Credentialing:**

- North Central Nursing Clinics Outpatient Services Credentialing, 2022
- NorthBay Healthcare Inpatient Medical Credentialing, 2013-2020
- NorthBay Healthcare Outpatient Services Credentialing, 2014-2020

## **PROFESSIONAL LICENSURE**

Registered Nurse (RN), State of California and Indiana  
Registered Nurse Compact License (RN), State of Indiana  
APRN and CSR Prescriptive Authority, State of Indiana  
Nurse Practitioner Furnishing (NPF), State of California  
Nurse Practitioner (NP), State of California  
Issued DEA and NPI Number

## **MILITARY SERVICE**

Commissioned Officer United States Air Force Nurse Corps

08/2002 -11/2010

- Discharge: Honorable
- Highest Rank: Captain (O-3)
- Air Force Specialty Code: 46N3 and 46N3G
- Military Medals and Ribbons
  - Air Force Achievement Medal with 1 oak leaf cluster
  - Air Force Outstanding Unit Award with 4 oak leaf clusters
  - National Defense Service Medal
  - Global War On Terrorism Expeditionary Medal
  - Global War On Terrorism Service Medal
  - Air Force Overseas Long Tour Ribbon
  - Air Force Expeditionary Service Ribbon
  - Air Force Longevity Service Ribbon
  - Air Force Training Ribbon

## **PROFESSIONAL MEMBERSHIPS**

- Sigma Theta Tau International – Delta Omicron Chapter, Member
- American Nurses Association, Member
  - American Nurses Credentialing Center, Board of Directors Member
- National Association of Hispanic Nurses, Member
  - Diversity Equity and Inclusion Committee, Co-chair
- American Association of Nurse Practitioners, Member
- Coalition of Advanced Practice Registered Nurses Indiana, Member
  - Grassroots Legislative Committee, Member
- Indiana State Nurses Association, Member
  - Diversity, Equity, and Inclusion Committee, Member
- Society of Urologic Nurses and Associates, Member
  - Board of Directors, Secretary
  - Urologic Nursing Editorial Board, Member
  - Fellow of the Academy of Urologic Nurses and Associates



- SUNA Indiana Chapter #304, Founder and President
- American Urological Association, Member
  - APP Education Committee SUNA Appointed Member
- American Association for Men in Nursing, Member
  - Appointed Research Task Force Co-Chair
  - Board of Directors, At Large Member
- DNPs of Color Inc.
  - Appointed Advisory Board Member
  - Journal of DNPs of Color Editorial Board Member

## **AFFILIATIONS**

- American Legion – Post 11, Member
- Veterans of Foreign Wars – Post 1154, Member
- Kappa Delta Rho National Fraternity- Theta Chapter, Alumni Member
  - University Chapter Advisor – Purdue University, Theta Chapter
  - National Chapter Advisor – Purdue University, Theta Chapter
- Sons of Union Veterans of the Civil War - Orlando Somers Camp, Member

## **AWARDS & GRANTS**

### **Awards**

- American Association of Nurse Practitioners State Award for Excellence - 2023
- Indiana State Nurses Association President's Pillar Award - 2022
- Al Día Top Nurses 2022, Academic Practice Category – Al Día News Media- 2022
- Sigma Theta Tau International Excellence in Leadership Award – Delta Omicron Chapter – 2022
- Graduate LaNelle Geddes Pinnacle of Excellence Award – Purdue School of Nursing – 2022
- University of Arizona College of Nursing Lange Award. \$3000 – 2018
- Mary Opal Wolanin Award for Best Dissertation:
  - Vulnerable Populations, University of Arizona – 2018

### **Grants**

- Clifford B. Kinley Trust - \$25,000 - 2023
  - Consultant: **Julian Gallegos**; PI: Nasreen Lalani, PhD and Co-PI: Bhagyashree Katare, PhD
    - Project Title: Recognizing self-care needs and promoting wellbeing of rural female informal caregivers for older adults.
- College Health and Human Sciences DEI Small Grant. \$5,000.00 - 2023
  - Co PI for DNP Student Su Neyman.
    - Project Title: Testing Feasibility of a Culturally-Based Mental Health Intervention for Burmese Adult Refugees in Indiana.
- Purdue University Office Engagement Student Grant Program. \$1,020.00 - 2021
  - Co PI for DNP Student Abigail McClintock.
- Touro University California Intramural Research Award. \$8,470.00 – 2019
- The Arnold P Gold Foundation. \$1,000.00 - 2017
- Association of California Nurse Leaders Young Researcher Grant. \$5,000 - 2016

## **PROFESSIONAL FELLOWSHIPS**

- Society of Luther Christman Fellow, American Association for Men in Nursing -Inducted 2022
- Fellow of the Academy of Urological Nurses and Associates, Society of Urologic Nurses and Associates – Inducted 2021

## **PRESENTATIONS**

### **International**

- Universidad Nacional de Colombia 20<sup>th</sup> Anniversary Celebration of the Doctoral degree in Nursing – May 24, 2022 – Podium Presentation: Julian L. Gallegos – Bogota, Colombia
  - Doctorado de Enfermería en la Práctica Clínica Familiar (The Doctor of Nursing Practice and the Family Nurse Practitioner)
- Universidad Nacional de Colombia 20<sup>th</sup> Anniversary Celebration of the Doctoral degree in Nursing – May 23, 2022 – Podium Presentation: Julian L. Gallegos – Bogota, Colombia
  - El Doctor de Enfermería en la Práctica: Avances y retos (The Doctor of Nursing Practice: Advances and Challenges)
- Universidad Nacional de Colombia 20<sup>th</sup> Anniversary Celebration of the Doctoral degree in Nursing – May 23, 2022 – Keynote Speaker: Julian L. Gallegos – Bogota, Colombia
  - Liderazgo en la formación Doctoral (Leadership in doctoral formation)

### **United States**

- Advanced Urologic Conference, Society of Urological Nurses and Associates – Nashville, Tennessee. March 2, 2024.
  - *Anabolic-Induced Hypogonadism*
- Coalition of Advanced Practice Nurses Indiana Annual Conference – French Lick, Indiana. February 29, 2024. Invited Expert Speaker: Julian Gallegos
  - *Managing Testosterone Therapy in Primary Care: A Focus on Men's Health*
  - *The Intersection of Type 2 Diabetes, Obesity, and Hypogonadism in Adult Men: Implications for Men's Health*
- American Nurses Association – Michigan – Online - February 20, 2024. Invited Expert Speakers: Julian L. Gallegos, Martha A. Dawson, and Michelle Caird
  - *DEI 2.0: Words Matter*
- Society of Urologic Nurses and Associates Annual Urologic Conference – Phoenix, AZ. October 26-29, 2023. Speakers: Julian Gallegos and Susanne Quallich
  - *Case-Based Debate: Testosterone Replacement Therapy*
- American Association of Nurse Practitioners Annual Conference – New Orleans, LA. June 20-25, 2023. Speakers: Julian Gallegos, Susanne Quallich, Kenneth Mitchell.
  - *Fundamentals of Men's Health*
- Purdue University Extension – Podcast. June 2023. Invited Expert Guest: Julian L. Gallegos.
  - *Bite by Bite: Nutrition for Life: Men's Health Month Discussion.*
- DNPs of Color, Inc: *State of the DNP Degree* – April 13, 2023: Invited Expert Panel: Julian L. Gallegos, Imelda Reyes, Cheryl Thaxton.
- American Association for Men in Nursing 47<sup>th</sup> Annual Conference – Orlando, FL. October 21, 2022. Expert Panel Discussion: Julian L. Gallegos, Somali Nguyen, Gregory Eagerton.
  - *The Critical Role of Nurses on Boards: How Board Service Impacts Health Equity*
- Society of Urological Nurses and Associates. 2022 uroLogic Conference. – September 20, 2022. Invited Speaker: Julian Gallegos
  - *Hypogonadism and Type 2 Diabetes in Men: A Clinical Conundrum*
- DNPs of Color Inc: *MakerHealth: Design and Create Showcase* – May 9, 2022: Invited Speaker: Julian L. Gallegos
  - *Incorporating technology and innovation in nursing practice (Invited speaker)*
- DNPs of Color Inc: 1<sup>st</sup> Annual Conference, Virtual – October 23, 2021. Presenter: Julian L. Gallegos.
  - *BIPOC in Academia: Elevating BIPOC Issues for Health Equity through Faculty Diversity. (invited plenary presentation).*
- American Association for Men in Nursing 46<sup>th</sup> Annual Conference, Atlanta, GA – October 22, 2021. Panel Presentation & Discussion: Cristan Sabio, Steven J. Palazzo, Andrew J. Richards, Julian L. Gallegos, Vernon Lanford, Thomas P. Rossini.
  - *A Narrative Review of the Underrepresentation of Men in Nursing (invited plenary presentation)*
- DNPs of Color Inc: Expert Panel Discussion, Virtual – August 17, 2021. Panel Discussion: Dwayne Alleyne, Julian L. Gallegos, Selena Gilles, Imelda Reyes.

- Navigating Your First Year in Academia and Beyond. (invited panel discussion participant).
- American Association of Colleges of Nursing Diversity Symposium, Virtual – December 2, 2020. Presenter: Julian L. Gallegos.
  - Men in Nursing. (invited plenary presentation).
- American Association of Colleges of Nursing Diversity Symposium, Virtual – December 2, 2020. Panel Discussion: Angelique C. Harris, Julian L. Gallegos, Melissa Joy Robert.
  - Diversity Roundtable. (invited panel discussion participant).
- American Heart Association Epi/Lifestyle conference, poster presentation (invited). Houston, TX – 2019
  - Hidden Risks: Relationship among VAT, IL-18, and Adiponectin in the development of Type 2 Diabetes in Filipino Americans.

## **PUBLICATIONS**

### **Professional Journals**

#### **Peer Reviewed Journals**

- **Gallegos, J. L.** (2024). Testosterone Replacement Therapy: A Primer for Primary Care. The Nurse Practitioner [Manuscript submitted for review]
- **Gallegos, J. L.**, Taylor-Piliae, R., Pace, T., Gallek, M., & Ritter, L. (2023). Hidden Risks: Development of Type 2 Diabetes in Filipino Americans. *SAGE Open Nursing* [Manuscript submitted for review]
- McConnell, L., Richards, E., **Gallegos, J.**, and Tashjian-Gibbs, M. (2023). Improving prediabetes patient education through use of a communication tool. *The Journal for Nurse Practitioners*. [Manuscript in press]
- **Gallegos, J. L.** (2023). Anabolic-Induced Hypogonadism: Unveiling the Hidden Dangers of Steroid Misuse. *Urologic Nursing*, 43(5), 223-230. <https://doi.org/10.7257/2168-4626.2023.43.5.223>
- **Gallegos, J. L.** (2023). Erectile Dysfunction: Clinical Best Practices. *Nursing Clinics of North America*. <https://doi.org/10.1016/j.cnur.2023.06.001>
- Wang, S., and **Gallegos, J. L.** (2023). Clinician adherence to the American Urological Association (AUA) guidelines in managing post-menopausal women with recurrent UTI (rUTI). *Urologic Nursing*, 43(4), 178-184. <https://doi.org/10.7257/2168-4626.2023.43.4.178>
- Cleveland, M. R., Willis, T. S., Xu, J., Centers, G., & **Gallegos, J.** (2023). Mitigating Burnout in a Team of Pediatric Cardiac Critical Care Advanced Practice Providers: A Team-Building Intervention. *The Journal for Nurse Practitioners*, 19(2), 104465.
- Knafel, R. M., Coddington, J., Sorg, M., & **Gallegos, J. L.** (2023). Introduction of a conversation starter tool to improve health habits in young children. *Journal of Pediatric Nursing*, 68, 1-9.
- **Gallegos, J. L.** (2022). Men's Health: An Underappreciated Specialty [Editorial]. *Urologic Nursing*, 42 (6).
- Sabio, C., Palazzo, S. J., Richards, A. J., Rossini, T., Langford, V. M., & **Gallegos, J. L.** (2021), Nursing Pathway Project: Finding Solutions to the Underrepresentation of Men in Nursing. *Achieve*. 2127.
- **Gallegos, J. L.**, Taylor-Piliae, R., Pace, T., Gallek, M., & Ritter, L. (2019). Abstract P024: Hidden Risks: Relationship Among Visceral Adipose Tissue, Interleukin-18, and Adiponectin in the Development of Type 2 Diabetes in Filipino Americans. *Circulation*, 139(Suppl\_1), AP024-AP024.

#### **Non-Peer Reviewed**

- **Gallegos, J.L.** (2023). *Navigating Nurse Practice and Policy: Insights from Serving on the Indiana Board of Nursing*. Indiana State Board of Nursing Focus, Fall 2023, Edition 75. <https://mydigitalpublication.com/publication/?m=11112&i=800360&p=6&ver=html5>

## Professional Textbooks

### Editor

- **Gallegos, J. L., & Bunker-Alberts, M. (Eds.)** (*In Press*). *The Intersection of Social Justice and Cultural Humility in Nursing*. DESTech Publishing.

### Author

- **Gallegos, J. L., Jones, M., Gonzalez, G.** (*In Press*). *Social Justice in Nursing*. In Gallegos, J. L., & Bunker-Alberts, M. (Eds.) (*In Press*) *The Intersection of Social Justice and Cultural Humility in Nursing*. DESTech Publishing
- **Gallegos, J.L., and Marquez, O.** (*In Press*). *Cultural Competence and Cultural Humility*. In Gallegos, J. L., & Bunker-Alberts, M. (Eds.) (*In Progress*) *The Intersection of Social Justice and Cultural Humility in Nursing*. DESTech Publishing
- **Gallegos, J. L., & Karagory, P.** (2022) *Diversity in Nursing Leadership*. M. Bemker- Page & D. Whitehead (Eds.) *Advancing Organizations Through Exemplary Nursing Leadership*. DESTech Publishing. (Invited Co-Author)
- **Gallegos, J. L., Edwards, N., & Coddington, J.** (2022). *Impact of the Doctor of Nursing Practice on Primary Care*. In K. A. Goudreau & M.C. Smolenski (Eds.), *Health Policy and Advanced Practice Nursing: Impact and Implications, 3rd Edition* (pp. 163-175). Springer Publishing Company, LLC., New York. (Invited Co-Author)
- **Gallegos, J. L., & Stoltz, A.** (2022) *Doctor of Nursing Practice Essentials*. In A.C. Curtis & P. Sandhu (Eds.), *Clinical Education and the Advanced Practice Nurse: A Practical Guide for Preceptors and Practice Partners*. DESTech Publications, Inc. (Invited Co-Author)
- **Gallegos, J.L.** (2021). *Men and STIs*. S. Quallich & M. Mallo (Eds.), *Men's Health in Primary Care: Promotion and Management*. (Elsevier) - Publication Rescinded by Editors. (Invited Author)
- **Gallegos, J. L.** (2018). *Hidden Risks: Relationship among VAT, IL-18, and Adiponectin in the Development of Type 2 Diabetes in Filipino Americans* (Doctoral dissertation, The University of Arizona).

### Media and Impact

- Let's Talk With NP Student (2023). *How Cultural And Ethnic Backgrounds Influence Men's Health*. LinkedIn Live Interview.
- Healthy Men Inc. Blog (2023). *Nurses at the Frontline of Men's Health for Military Men and Veterans*. <https://healthymen.org/nurses-at-the-frontline-of-mens-health-for-military-men-and-veterans/>
- Healthy Men Inc. Blog (2023). *Strategies for Providers to Encourage Fathers and Grandfathers to Receive the Flu Vaccine*. <https://healthymen.org/strategies-for-providers-to-encourage-fathers-and-grandfathers-to-receive-the-flu-vaccine/>
- Healthy Men Inc. Blog (2023). *La Importancia de los Hombres Hispanos en la Vacunación contra la Gripe: Modelos a Seguir para sus Familias*. <https://healthymen.org/la-importancia-de-los-hombres-hispanos-en-la-vacunacion-contr-la-gripe-modelos-a-seguir-para-sus-familias/>
- Healthy Men Inc. Blog (2023). *Protecting Your Family's Health*. <https://healthymen.org/protecting-your-familys-health/>
- Healthy Men Inc. Blog (2023). *Encouraging Men to Access Healthcare Through Nurse-Led Initiatives*. <https://healthymen.org/encouraging-men-to-access-healthcare-through-nurse-led-initiatives/>
- Healthy Men Inc. Blog (2023). *The Intrinsic Benefits of Encouraging Boys To Play Team Sports: Lifelong Skills for Fatherhood and Health*. <https://healthymen.org/the-intrinsic-benefits-of-encouraging-boys-to-play-team-sports-lifelong-skills-for-fatherhood-and-health/>
- Healthy Men Inc. Blog (2023). *Nurse Practitioners are dedicated to Men's Health*. <https://healthymen.org/nurse-practitioners-are-dedicated-to-mens-health/>
- Healthy Men Inc. Blog (2023). *Health Screenings for boys and Men by age in the United States:*

- Considerations by Ethnicity and Race*. <https://healthymen.org/health-screenings-for-boys-and-men-by-age-in-the-united-states-considerations-by-ethnicity-and-race/>
- American Nurses Association (2023). *Room at the top*. American Nurse Journal.18(7):28-28. doi:10.51256/anj072328 <https://www.myamericannurse.com/room-at-the-top/>
  - Purdue Extension, Bite by Bite: Nutrition for Life. (2023). *Men's Health Podcast*. <https://open.spotify.com/episode/61RdbvBNPfqOr4PFI1HUkL>
  - Al Dia News. (2022). *Meet the 2022 Al Dia Top Nurses*. <https://aldianews.com/en/leadership/advocacy/2022-al-dia-top-nurses>

## **PUBLISHER REVIEWS**

### **Professional Journals**

- (2023-Present) Editorial Board, Multiple Chronic Conditions, American Nurses Association
- (2021-Present) Editorial Board, Urologic Nursing
- (2022-Present) Peer-Reviewer, Journal of Hispanic Health Care International.
- (2022-Present) Editorial Board/Peer-Reviewer, American Journal of Men's Health
- (2022-Present) Editorial Board, DNPs of Color Journal

### **Professional Textbooks**

- Dlugasch, L. and Story, L. (2020). *Applied Pathophysiology: For the Advanced Practice Nurse*. Jones & Bartlett Learning. Burlington, MA.
- Working Title: DNP Project: A Workbook for Success or DNP Project: A Toolkit for Success or DNP Project: A Companion Workbook or DNP Project: A Companion Toolkit. (Springer Publishing Company).
- Working Title: Trauma-Informed Care for Advanced Nursing Practice: Looking Through a Different Lens. (DESTech Publications, Inc.)

## **ABSTRACT REVIEWS**

- (2023) Podium and poster presentations for AAMN Annual National Conference, - New Orleans, LA
- (2022) Poster presentations NAHN Annual National Conference, 2022 – Miami, FL.
- (2021) Podium presentations for AUA's APP section of Annual National AUA conference 2022 – New Orleans, LA
- (2019) Podium Presentation and Mini-Lectures for NONPF Poster Presentation, for 46<sup>th</sup> Annual NONPF Conference – Chicago, IL.

## **GRANT REVIEWS**

- (2022) American Association for Colleges of Nursing Faculty Scholars Grant Program Awarding two grants of \$25,000 to individuals with proposals related to themes related to Diversity Equity and Inclusion and Innovation and Excellence in Nursing.

## **GRADUATE STUDENT COMMITTEE MEMBERSHIP**

### **Doctor of Nursing Science Dissertation**

- Dissertation Judge (International)
  - Paola Andrea Fontal Vargas; *Efectividad de intervencion de enfermeria para fortalecer cooperacion al tratamiento en pacesintes con falla cardiaca. [Effectiveness of nursing intervention to strengthen cooperation for the treatment in patients with heart failure]*, Spring

2023, Universidad Nacional de Colombia Facultad de Enfermería. [National University of Colombia School of Nursing, Bogota, Colombia]

- Olga Lucia Gaitan Gomez; *Relación de las distracciones, las características sociodemográficas y contextuales con las prácticas seguras de inyecciones durante la práctica clínica del enfermero* [Relationship of distractions, sociodemographic and contextual characteristics with safe injection practices during nurses' clinical practice]. Summer 2022, Universidad Nacional de Colombia Facultad de Enfermería. [National University of Colombia School of Nursing, Bogota, Colombia]

## Doctor of Nursing Practice Scholarly Project

- Co-Chair
  - Susan Foster; *The Evaluation of a High-Dose Flu Vaccine Program at an FQHC*. Summer 2024. Purdue University School of Nursing.
- Co-Chair
  - Alessandra Smith; *Adult Sexual Education Seminar: Connecting with your Adolescents*. Fall 2024. Purdue School of Nursing.
- Co-Chair
  - Christian Guzman; *Determining IPE Competency Levels after an IPE Cardiac Arrest Simulation Experience*. Summer 2024. Purdue University School of Nursing.
- Chair
  - Lauren Ema; *Evaluation of Lactation Support for Graduate/Professional Students*. Summer 2024. Purdue University School of Nursing.
- Chair
  - Andrew DeRidder; *Enhancing Coaches Competence in Identifying Mental Health Stress in Athletes*. Summer 2024. Purdue University School of Nursing.
- Chair
  - James Hamrick; *Increasing Engagement of Men in Health Promotion*. Summer 2024. Purdue University School of Nursing.
- Chair
  - Marlene Huizar; *Diabetes Screening In the Latinx/Hispanic Community*. Summer 2023. Purdue University School of Nursing.
- Co-Chair
  - Su Newyman; *Testing Feasibility of a Culturally-Based Mental Health Intervention for Burmese Adult Refugees in Indiana*. Summer 2023. Purdue University School of Nursing.
- Co-Chair
  - Catharina Daffre; *Pediatric Dermatology App Use and Impact Among Providers*. Summer 2023. Purdue University School of Nursing.
- Co-Chair
  - Larry McConnell; *Improving Primary Care Provider Diabetes Patient Education*. Summer 2023. Purdue University School of Nursing.
- Co-Chair
  - Kyaw Htoo; *Culturally Informed Diabetes Education to Improve Caregiver Confidence on Diabetes Management of the Burmese Population*. Summer 2023. Purdue University School of Nursing.
- Member
  - Jenna Becker; *Assessing Emergency Department Provider Attitudes Toward Screening for Social Determinants of Health*. Summer 2023. Purdue University School of Nursing.
- Chair
  - Claire Allen; *Diversity, Equity, & Inclusion Within a Graduate School of Nursing*. Summer 2022, Purdue University School of Nursing.
- Chair
  - Michelle Ore; *Identification of Risk factors for Developing Sepsis among Adult Outpatient Chemotherapy Populations using Machine Learning Predictive Analysis*. Summer 2022, Purdue University School of Nursing.
- Member

- Abby McClintock; *Screening for early identification of diabetes: Raising awareness of school personnel*. Summer 2022, Purdue University School of Nursing.
- Co-Chair
  - Grace Madueke; *Behavioral Health Integration into Primary Care*. Summer 2022, Purdue University School of Nursing.
- Co-Chair
  - Tana Willibey; *Quality Improvement Initiative to Increase Patient Referral Orders for Diabetes Self-Management Education Classes at a VA Medical Center*. Summer 2022, Purdue University School of Nursing.
- Chair
  - Christine Stesney; *Advance Practice Fellowship Programs: Evaluating the Effects on Confidence and Competency and Preparing for Accreditation*. Summer 2022, Purdue University School of Nursing.
- Co-Chair
  - Melissa Cleveland; *Improving resilience in a team of pediatric cardiac critical care advanced practice providers: A team building intervention*. Spring 2022, Purdue University School of Nursing.
- Member
  - Anne Niffenegger; *Effect of a formal mentorship on stress and academic self-efficacy in a post-licensure MSN program*. Project Defense, Fall 2021; Touro University California School of Nursing.
- Chair
  - Alessi Miller; *Screening of Postpartum Depression and Parental Stress among Mothers of Infants in a Pediatric Cardiovascular Intensive Care Unit*. Project Defense, Fall 2021, Purdue University School of Nursing.
- Co-Chair
  - Kelsey Allbright; *Examining factors that influence confidence and competence among nurse practitioners*. Project Defense, Fall 2021; Purdue University School of Nursing.
- Co-Chair
  - Mariah Scheker; *Utilization of Spanish Medical Interpreters for Diabetes Education in a Community Health*. Project Defense; Spring 2021. Purdue University School of Nursing.
- Member
  - Rachel Knafel; *Introduction of a conversation starter tool to improve health habits in young children*. Project Defense; Fall 2021; Purdue University School of Nursing.
- Member
  - Suzanne Wang; *Evidence-Based Algorithm and Vaginal Estrogen Implementation in Preventing Recurrent Urinary Tract Infections in Postmenopausal Women*. Project Defense; Fall 2020; Touro University School of Nursing.
- Chair
  - Nikki Kaur; *Assessing the impact of a four-week nurse practitioner-led educational class on the participants' blood glucose levels among Sikh Indians in Solano County*. Project Defense; Spring 2020; Touro University California School of Nursing.
- Chair
  - Marina Bradley; *Community Based six-week educational program in controlling hypertension among Filipino Americans in Solano County*. Project Defense, Spring 2020. Touro University California School of Nursing.
- Member
  - Marina Nguyen; *Amending California Law to Incentivize Preceptors*. Project Defense; Fall 2019; Touro University California School of Nursing.
- Member
  - Ogochuku Nwosu; *Purposeful Hourly Rounding: A Fall Prevention Strategy in a Post-Acute Facility*. Project Defense; Fall 2018; Touro University California School of Nursing.
- Chair
  - Luz Hernandez; *Improving Nutrition Literacy in a Senior Community Center*. Project Defense; Fall 2018; Touro University California School of Nursing.
- Chair
  - Kalsang Dorji; *Implementation and Evaluation of CPOT in the ICU*. Project Defense; Spring 2017; Touro University California School of Nursing.

- Chair
  - Douglas Dado; *Developing a multi-level community-based nutrition and physical activity intervention of Filipino Americans in Northern California*. Project Defense; Spring 2017; Touro University California School of Nursing.
- Chair
  - Jason Hebard; *Patient No-Show in an Ambulatory Urology Practice*. Project Defense; Spring 2017; Touro University California School of Nursing.

### **Master of Science in Nursing Thesis**

- Thesis Evaluator (International)
  - Dulay Estefany Vargas Buitrago; *Medicamentos con indicaciones o condiciones de uso distintas de las autorizadas, Off label-Unirs, utilizadas en el tratamiento de heridas agudas y crónicas: revisión integrative. [Medications with indications or conditions of use other than those authorized, Off-label-Unirs, used in the treatment of acute and chronic wounds: integrative review]*. Summer 2022, Universidad Nacional de Colombia Facultad de Enfermería. [National University of Colombia School of Nursing, Bogota, Colombia.

### **Master of Science in Nursing Scholarly Project**

- Advisor
  - Lana Gleckman; *“Stop the Drop” Campaign*. Project Presentation; Fall 2018. Touro University California School of Nursing.
- Advisor
  - Jennifer Veler; *A Nurse-Driven Protocol for Volume- Based Enteral Feeding to Increase Caloric Intake towards Achievement of Daily Nutrition Goals*. Project Presentation; Fall 2018. Touro University California School of Nursing.
- Advisor
  - Robin Jones; *SBIRT Process*. Project Presentation; Fall 2017. Touro University California School of Nursing.
- Advisor
  - Andrea Francis; *Fire Safety in the Intraoperative Setting*; Project Presentation; Fall 2017. Touro University California School of Nursing.
- Advisor
  - Sally Solanki; *Tridium Assessment*. Project Presentation; Fall 2017. Touro University California School of Nursing.
- Advisor
  - Penny Sisemore; *Implementation of a training program for ED nurses to achieve competency in utilization of the non-invasive cardiac output monitor (NICOM) tool to improve overall usage*. Project Presentation; Fall 2017. Touro University California School of Nursing.