

# VINCENT PALMIERI MSN, FNP, RN-BC, CCM

## NURSE PRACTITIONER BROOKLYN, NY

## PROFILE

vincentp5@gmail.com

LINKS

#### linkedin.com/in/vincent-palmieri-rn/

SKILLS •

Strong Communication Skills

Leadership Skills

Evidence-Based Care

Preventive Healthcare

Quality Assurance

Continuous Improvement

Interpersonal Communication

Interdisciplinary Collaboration

HOBBIES

Gardening, Knitting, Strength Training and Cooking.

LANGUAGES

English

I'm a dedicated and compassionate nurse with 12 years of experience providing high-quality care to diverse populations in New York City. I earned my Associate in Applied Science in Nursing from New York City College of Technology in 2011 and continued my education to receive a Bachelor of Science in Nursing and a Master of Science in Nursing with a focus in Clinical Leadership from Saint Xavier University. I also hold a Post-Master's Certificate in Advanced Practice Nursing, qualifying me as a Family Nurse Practitioner.

Throughout my career, I've focused on delivering excellent care in various healthcare settings, specializing in acute care, ambulatory care, and case management across orthopedics, neurology, and gastroenterology. I'm certified in Ambulatory Nursing and Case Management, and I'm pursuing national certification as a Family Nurse Practitioner. With my diverse background in bedside nursing, outpatient care, leadership, and management, I'm skilled in assessing, planning, implementing, and evaluating patient care.

My effective communication and collaboration skills have contributed to positive patient outcomes and a supportive work environment. I've been involved in Magnet Redesignation at NYU Langone Medical Center and the American Nurse's Association Mentorship program. My clinical interests include promoting health literacy, LGBTQ+ health equity, and improving patient education outcomes.

#### EDUCATION

FNP Advance Certificate, Pace University, New York, NY

May 2022 — December 2023

Masters of Nursing, St. Xavier University, Chicago

September 2015 - December 2018

BSN, CUNY: NY City Tech, Brooklyn

2012 - 2013

AAS, CUNY: NY City Tech, Brooklyn

2008 - 2011

Health Science Scholars Program, Dean's List 2008-2009

#### EMPLOYMENT HISTORY

Nurse Clinical Coordinator at Mount Sinai Health System, New York, NY

June 2022 - Present

- Recieve patient referrals for Video EEG testing in the inpatient Epilepsy Monitoring Unit (EMU).
- · Provide patient education on testing, medications and provider's plan of care.
- · Coordinate patient's testing in the EMU.
- Obtain Prior authorizations and collborate with admissions and finance depts.
- Support continuous quality improvement initiatives to reduce costs, improve
  patient satisfaction, and comply with regulations.
- Ensure patient's have post discharge follow up appts with their Epileptologist.

# Manager of Care Management at NYU Langone Health-Orthopedic Hospital, New York, NY

August 2021 - May 2022

- Supervise RN-Case Managers, RN-Clinical Care Coordinators in utilization review, preadmission education and discharge planning of Orthopedic patient population.
- Oversees the process for clinical pathway development, staff training, and data collection and reporting.
- · Demonstrates ability to develop, guide, motivate, nurture and coach others.
- Actively participates in departmental meetings, committees and quality initiatives.
- Responsible for developing/managing the patient care transition process: for coordinating, facilitating and assisting patients throughout the episode of care.
- A clinical resource with expertise in musculoskeletal patient care management and serves as liaison throughout HJD regarding discharge planning services for this patient population.

# Nurse Clinical Care Coordinator at NYU Langone Health-Orthopedic Hospital, New York, NY

August 2018 - August 2021

- Evaluates and supervises care coordinated by staff in the Care Management Department.
- Performs Utilization review of scheduled OR cases and admitted patients in unit.
- Demonstrates ability to develop, guide, motivate, nurture and coach others.
- Actively participates in departmental meetings, committees and quality initiatives.
- · Provide patient education on testing, medications and provider's plan of care.

### Registered Nurse at NYU Langone Health-Ambulatory Care, New York, NY

March 2014 — August 2018

- Assesses, plans and evaluates the nursing care needs of the patient before, during and after the procedure.
- Conducts Pre-procedure health assessments, BGM, medication review etc.
- Coordinates procedure rooms with respect to sterility, cleanliness, availability of functioning endoscopic equipment, supplies and staff.
- Provides nursing care to the patient undergoing endoscopic procedures by monitoring vital signs during sedation.
- Assist Physician during procedures with obtaining biopsies, polypectomies, administer epinephrine and India ink via the scope's catheter.
- Provides Nursing care in the PACU to patient whom was sedated.
- Monitors, records and communicates patient condition as appropriate utilizing the EMR.
- Conduct weekly chart audits and QI reporting tools from EMR.
- Assesses and coordinates patient's discharge planning needs with members of the healthcare team.
- Instructs and educates patients and families on follow up care and discharge instructions.
- Orients and mentors new staff

### Registered Nurse at Maimonides Medical Center, Brooklyn, NY

July 2013 - March 2014

Telemetry/CT Stepdown Unit

- Provides acute & close monitoring of adults pre- & postoperative open-heart, acute & chronic disease for arrhythmias, MI screening, anticoagulation therapy, cardiac & peripheral diagnostic procedures, Cardiac Catheterizations, and cardioversion.
- Prepares patients for TEE, echocardiogram, stress testing.
- Works collaboratively with NP, PA', cardiologists, and residents to achieve optimum
  patient care.

- · Monitors chest tubes & various drainage devices, pacer wires
- · Monitors temporary pacing, epidural and PCA pumps.
- · Closely monitors effectiveness of IV drip cardiac medications.
- Provide care for patients with Chronic HF, atrial fibrillation and other heart conditions.

### ★ CREDENTIALS

Licensed Registered Nurse (RN), State of New York

**BLS Certification** 

Certified Case Manager-CCM

Ambulatory Care Certified Nurse-RN-BC

### ★ MEMBERSHIPS

American Association of Men in Nursing February 2024

### American Nurse Association (ANA)

January 2018 - Present

· Involved in Mentorship + Community Programs